### Huperzine A in treatment of amyloid-βassociated neuropathology in a mouse model of Alzheimer disease: abridged secondary publication

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#### **KEY MESSAGES** Hong Kong Med J 2020;26(Suppl 8):S34-7 HMRF project number: 12131431 1. Huperzine A treatment resulted in a reduction of acetylcholinesterase activity in TgCRND8 <sup>1</sup> Q Yuan, <sup>1</sup> ZX Lin, <sup>2</sup> W Wu, <sup>1</sup> WN Albert, <sup>3</sup> BCY Zee Alzheimer disease mice. <sup>1</sup> School of Chinese Medicine. Faculty of Medicine. The Chinese 2. Huperzine A, an acetylcholinesterase inhibitor University of Hong Kong for Alzheimer disease, could not inhibit GSK3β 2 School of Biomedical Sciences. The University of Hong Kong activity, and therefore did not facilitate prevention <sup>3</sup> Division of Biostatistics JC School of Public Health and Primary Care, of amyloid precursor protein processing/ The Chinese University of Hong Kong amyloid-β generation in TgCRND8 mice. \* Principal applicant and corresponding author: yuanqj@cuhk.edu.hk

### Introduction

Huperzine A is a novel Lycopodium alkaloid extracted from traditional Chinese herb Huperzia serrata (Thunb) Trev (Qian Ceng Ta). It is a potent selective reversible acetylcholinesterase (AChE) inhibitor and has been used in China for the treatment of Alzheimer disease (AD) since 1996.1-3 Large, randomised, placebo-controlled, doubleblinded clinical trials revealed that huperzine A can enhance memory, cognitive skills, and daily life abilities of patients with AD.1 Clinical trials of huperzine A for treatment of age-related memory deficiency have been conducted in the United States.<sup>3</sup> New mechanisms of action for huperzine A have been discovered. In addition to its AChE inhibitory effect, huperzine A influences amyloid precursor protein (APP) processing to reduce the formation of amyloid- $\beta$  (A $\beta$ ) peptides.<sup>3</sup> However, there has been no sufficient experimental evidence from AD animal models to elucidate the precise molecular mechanisms of huperzine A on APP processing. This study aimed to investigate whether huperzine A inhibited GSK3β, thereby facilitated prevention of APP processing/A $\beta$  generation in TgCRND8 mice.

### Methods

This study was conducted from June 2015 to November 2017. Male TgCRND8 mice aged 5 months were randomly assigned to the treated or untreated group. The treated group received huperzine A dissolved in a vehicle of normal saline daily by intraperitoneal injection (0.80  $\mu$ mol/kg). The untreated group received an equal volume of normal saline as a vehicle control. Treatment continued for 8 weeks, and then the mice were sacrificed by decapitation, and one hemisphere of each brain was processed for A $\beta$ , IBA-1, and GFAP immunohistochemistry. The other hemispheres of the brains were processed for GSK3 $\beta$ , BACE1, CTF-APP, and B-actin Western blotting analysis.

Cross-sections of the brain were treated according to standard procedures. Briefly, the sections were incubated overnight at room temperature with the primary antibodies against A $\beta$  (mouse, 1:3000, Sigma-Aldrich), IBA-1 (rabbit, 1:2000, Wako), and GFAP (mouse, 1:3000, Sigma-Aldrich) in 0.1 M PBS (pH 7.4) containing 10% normal goat serum and 0.2% Triton X-100. Then, antigens were visualised using Alexa 568-conjugated secondary antibody (1:800; Invitrogen). Finally, the sections were visualised under a fluorescence microscope (Zeiss).

To determine the brain cortex expression of GSK3β and its phosphorylation at serine 9, BACE1, and CTF-APP, tissue samples were homogenised in 0.1 ml lysis buffer reagent and serine protease inhibitor PMSF (both from Sigma-Aldrich) and centrifuged at 14,000 ×g for 30 min at 4°C. The supernatant was collected and total protein was measured using a protein assay (Bio-Rad). An equal volume of 2× sample buffer (100 mM Tris-HCl pH 6.8, 2.5% SDS, 20% glycerol, 0.006% bromophenol blue and 10%  $\beta$ -mercaptoethanol) was added to 30  $\mu$ g total proteins. The samples were boiled and then electrophoresed in a 10%-15% SDS-polyacrylamide gel (Sigma-Aldrich) and transferred to a Hybond-P membrane (Amersham Bioscience).The blotted membrane was then incubated overnight with 5% skim milk in T-TBS (containing 0.1% v/v Tween 20). All antibody applications were done in T-TBS.

After the membranes were washed with T-TBS, they were incubated overnight at room temperature with GSK3 $\beta$  (rabbit, 1:3000, Cell Signaling Technology), GSK3 $\beta$  phosphorylated at Ser9 (rabbit, 1:3000, Cell Signaling Technology), BACE-1 (rabbit, 1:1000; Abcam), the C-terminal anti-APP antibody CT15 for full-length APP and CTF- $\beta$  (rabbit, 1:2000, Cell Signaling Technology). The membranes were extensively washed with T-TBS and incubated for 1 hour with the secondary antibody (anti-mouse or anti-rabbit IgG peroxidase-conjugated antibody, 1:5000) [Sigma-Aldrich]. After washing, the proteins were detected using an ECL-Plus Western blotting detection system (GE Healthcare).

In accordance with methods described in our previous study,<sup>4</sup> brains were sectioned in 30  $\mu$ m thickness using a microtome. Plaque deposition levels were examined in cortex. Images of 100× magnification were captured using a Zeiss microscope equipped with a SPOT camera and SPOT software (RT Color Diagnostic Instrument) on four sections per animal. By using ImageJ software, pictures were binarised to 8-bit black and white pictures and a fixed intensity threshold was applied to define the immunofluorescence staining. Measurements were performed for a percentage area covered by Bam-10, IBA-1, or GFAP immunostaining.

### Results

## Huperzine A treatment resulted in a reduction of AChE activity in the TgCRND8 mice

We examined whether huperzine A could inhibit AChE activity in TgCRND8 mice brain. To measure AChE activity, the brain cortex was added into 1% Tris-HCl buffer and homogenised. Homogenates were centrifuged at 3500 rpm for 10 minutes at 4°C. The supernatant was used as AChE enzyme source and stored at -80°C. AChE activity was measured using an Amplite Colorimetric AChE Assay Kit (AAT Bioquest). The AChE inhibitory activity observed in the control was considered to be 100%. Huperzine A inhibited AChE activity (Fig. 1a).

## Huperzine A treatment did not reduce $A\beta$ plaque burden in the brain cortex of TgCRND8 mice

A $\beta$  plaque immunostaining with the bam10 antibody and thioflavin S staining in TgCRND8 mice showed marked A $\beta$  deposits in the cortex of TgCRND8 mice. Quantification of the A $\beta$  immunoreactivity showed no significant reduction of plaque burden in huperzine A-treated animals compared with controls (Fig. 1b).

# Huperzine A treatment did not ameliorate A $\beta$ -associated reactive gliosis or astrocytosis in the brain cortex of TgCRND8 mice

Microgliosis and astrocytosis in TgCRND8 mice were elevated phenotypically as a consequence of amyloid deposition. The degree of microgliosis as evaluated by IBA-1 load in the brain cortex was significantly amplified in vehicle-treated TgCRND8 mice relative to wildtype mice (data not shown), whereas it was not significantly reduced in huperzine A-treated TgCRND8 mice relative to vehicle-treated TgCRND8 mice (Fig. 2). Likewise, the magnitude of astrocytosis as assessed by clusters of GFAP-immunoreactive astrocytes (GFAP burden) was not significantly reduced in huperzine A-treated TgCRND8 mice, relative to vehicle-treated TgCRND8 mice,

#### Huperzine A treatment did not alter GSK3β activity or APP processing in TgCRND8 mice

We examined the levels of phosphorylated GSK3 $\beta$ , BACE-1, CTF-beta in the mice cortex. It is known that GSK3 $\beta$  is inhibited when Ser9 is phosphorylated.<sup>5</sup> However, we found no significant alteration of the inactive form of GSK3 $\beta$  phosphorylated at Ser9. The data suggest that huperzine A treatment did not alter GSK3 $\beta$  activity. Likewise, no remarkable alterations of BACE1 and CTF- $\beta$  were observed in the brains of the huperzine A-treated TgCRND8 mice compared with vehicle-treated TgCRND8 controls (Fig. 3).







(e) microgliosis and (f) astrocytosis.

### Discussion

Although huperzine A is a therapeutic drug for AD by inhibiting AchE activity in patients with AD, the actual therapeutic role of huperzine A in  $A\beta$ neuropathology has not been fully evaluated. Data from this study suggest that regular administration of huperzine A may not involve the mechanisms targeting amyloidogenic APP cleavage pathway observed in TgCRND8 mice with an earlyonset AD-like pathology. Our results suggest that huperzine A has no beneficial effects in  $A\beta$ neuropathology of AD. First, no significant effects on brain  $A\beta$  plaque burden and associated gliosis were found in the TgCRND8 mouse model of AD. activity in the brain of TgCRND8 mice may explain

Second, Huperzine A did not significantly reduce CTFs and BACE-1, a key enzyme for APP cleavage. Third, huperzine A did not significantly inhibit GSK3B activity in the brain of TgCRND8 mice. It has been shown that GSK3 $\beta$  activity increases in cells expressing Swedish APP mutation and in AD presenilin-1 and presenilin-2 mutation lymphoblast cells via inactive Ser9 phosphorylated GSK3B. Studies have shown that GSK3B affects APP processing by modulating BACE-1 activity, thereby facilitating AB production, reinforcing that GSK3B plays a key role in APP processing/Aß generation. Our findings that huperzine A did not block GSK3<sup>β</sup> its effect on A $\beta$  plaque burden and associated gliosis. Huperzine did not inhibit GSK3 $\beta$  activity and modulate BACE-1 activity, thereby failed to facilitate APP processing/A $\beta$  production. To exclude the possibility that huperzine A we used may be invalid, we assessed its effect on AchE activity. Huperzine A used in this study inhibited AchE activity in the brain of TgCRND8 mice. These findings suggest that the effect of huperzine A in preventing A $\beta$ neuropathology needs further studies to confirm.

### Conclusions

Huperzine A, an AChE inhibitor for AD, could not inhibit GSK3 $\beta$  activity, and therefore did not facilitate prevention of APP processing/A $\beta$ generation in TgCRND8 mice. Furthermore, huperzine A treatment did not inhibit A $\beta$ -associated gliosis in TgCRND8 mice. The neuroprotective effect of huperzine A may need more studies to investigate the mechanisms involving targeting amyloidogenic APP cleavage pathway in AD treatment.

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FIG 3. Expressions of amyloid precursor protein C-terminal fragment (CTF $\beta$ ), BACE-I, and GSK-3beta in TgCRND8 mice after huperzine A treatment or vehicle treatment.

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