



SUPPLEMENTARY INFORMATION

This appendix formed part of the original submission and has been peer reviewed. We post it as supplied by the authors.

Supplement to:

K Lam, Windy SY Chan, James KH Luk, Angela YM Leung. Assessment and diagnosis of dementia: a review for primary healthcare professionals.

Hong Kong Med J 2019;25:Epub 4 Dec 2019. <http://doi.org/10.12809/hkmj198073>

Appendix. An example of referral to specialist care for dementia care (page 1)

APPENDIX. An example of referral to specialist care for dementia care

Dear Consultant,

I would like to refer the above-named patient for your management. The patient was found to have cognitive decline for _____ (duration), which is insidious / sudden in onset with gradual / stepwise progress, presenting with _____ (examples of memory problems), which do / do not interfere with independence in everyday activities. If the memory problems do interfere with everyday activities, examples are _____.

The disturbances are / are not occurring exclusively during the course of delirium, and are / are not better accounted for by another mental disorder such as depression or psychosis.

Risk factors for dementia (please tick if the patient has the following risk factors):

- | | |
|---|---|
| <input type="checkbox"/> stroke | <input type="checkbox"/> obstructive sleep apnoea |
| <input type="checkbox"/> family history of dementia | <input type="checkbox"/> alcohol use |

Clinical features of dementia subtypes (please tick if the patient has the following features):

- | | | |
|---|--|--|
| <input type="checkbox"/> Parkinsonism | <input type="checkbox"/> gaze palsy | <input type="checkbox"/> gait problems |
| <input type="checkbox"/> urinary incontinence | <input type="checkbox"/> visual hallucination | <input type="checkbox"/> rapid eye movement sleep disorder |
| <input type="checkbox"/> fluctuation of cognition | <input type="checkbox"/> disinhibition | <input type="checkbox"/> hyperorality |
| <input type="checkbox"/> compulsive behaviours | <input type="checkbox"/> apathy or loss of empathy | |

Results of cognitive tests (if any):

Results of neuroimaging (if any):

Results of laboratory tests (If any):

Thank you.

Yours truly,