

Prevalence of chromosomal abnormalities and 22q11.2 deletion in conotruncal and non-conotruncal antenatally diagnosed congenital heart diseases in a Chinese population

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ABSTRACT

Introduction: The aim of the present study was to calculate the prevalence of chromosomal abnormalities among antenatally diagnosed congenital heart diseases (CHDs), and the prevalence of 22q11.2 deletion in those with conotruncal CHDs versus isolated non-conotruncal CHDs.

Methods: All patients with antenatal ultrasound finding of fetal CHDs in two obstetric units in a 5-year period were retrospectively reviewed. Detected CHDs were classified as conotruncal if the malformation involved either the aortic outflow tract or the pulmonary outflow tract; otherwise they were classified as non-conotruncal. Karyotyping, fluorescence in situ hybridisation for 22q11.2 deletion (22q11FISH), and array comparative genomic hybridisation (aCGH) results were retrieved from patient medical records. The primary outcome was prevalence of chromosomal abnormalities in CHDs. The secondary outcomes were prevalence of 22q11.2 deletion and its prevalence in conotruncal versus non-conotruncal CHDs.

Results: A total of 254 Chinese patients were diagnosed to have fetal CHDs. In all, 50 (19.7%) were found to have chromosomal abnormalities with seven (2.8%) patients having 22q11.2 deletion,

of whom all seven had conotruncal CHDs and none had non-conotruncal CHDs ($P < 0.05$). Conventional karyotyping detected 35 (70%) cases of the chromosomal abnormalities. The 22q11FISH detected three cases of 22q11.2 deletion; aCGH was performed to detect four cases of 22q11.2 deletion and eight other cases of copy number variations.

Conclusion: Our results suggest that invasive testing for karyotyping is recommended for fetal CHDs. Although the prevalence of 22q11.2 deletion was low, testing for 22q11.2 deletion should be offered for conotruncal CHDs.

Hong Kong Med J 2019;25:6–12

<https://doi.org/10.12809/hkmj187552>

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This article was published on 18 Jan 2019 at www.hkmj.org.

New knowledge added by this study

- Prevalence of 22q11.2 deletion in the Chinese population is low.
- Cardiac abnormalities in 22q11.2 deletion are mainly conotruncal cardiac defects.

Implications for clinical practice or policy

- Patients should receive counselling for invasive testing for chromosomal abnormalities in fetal cardiac lesions.
- Testing for 22q11.2 deletion is recommended for conotruncal cardiac defect.

Introduction

Congenital heart diseases (CHDs) are the commonest congenital malformations at birth and a leading cause of neonatal mortality, with an incidence of around eight in 1000 births.¹ The reported incidence of chromosomal abnormalities in patients with CHDs differs between infants and fetuses, as well as among different series and studies, ranging from 9% to 18%.²⁻⁷ Many previous studies have typically only included major aneuploidies as chromosomal abnormalities; other chromosomal aberrations, such

as 22q11.2 deletion or other microdeletions, were not investigated. The availability of new cytogenetic and molecular technologies, such as specific fluorescence in situ hybridisation (FISH) probes, array comparative genomic hybridisation (aCGH),⁸ or sophisticated genome sequencing methods,^{9,10} has increased the identified contribution of chromosomal abnormalities.

The frequency of 22q11.2 deletions among all cases of CHDs has been estimated to be around 2% to 5.7%.¹¹ The prevalence of 22q11.2 deletions in the

Chinese population has not been well documented. However, recent studies have shown that the condition is likely to be underdiagnosed in adult Chinese populations, as recognition of clinical and dysmorphic features could be unreliable.¹² The most frequently encountered CHDs in this syndrome are conotruncal CHDs that involve the pulmonary or aortic outflow tracts. However, 22q11.2 deletions are also associated with isolated non-conotruncal CHDs.^{13,14}

The objective of this study was to calculate the prevalence of chromosomal abnormalities among antenatally diagnosed CHDs, and the prevalence of 22q11.2 deletion in those with conotruncal CHDs versus isolated non-conotruncal CHDs.

Methods

All pregnant patients with antenatal ultrasound finding of fetal CHDs from July 2012 to June 2017 in two maternal fetal medicine referral centres, United Christian Hospital and Prince of Wales Hospital, Hong Kong, were retrospectively retrieved from the obstetric ultrasound database. Non-Chinese patients were excluded from this cohort. The detected CHDs were classified as conotruncal if the malformation involved either the aortic outflow tract or the pulmonary outflow tract; otherwise, they were classified as non-conotruncal. According to the protocol of these two hospitals, pregnant patients with antenatal ultrasound findings of CHDs were offered invasive testing for karyotyping. Self-financed aCGH was recommended to the patient; if she declined aCGH, FISH for 22q11.2 deletion (22q11FISH) was offered free of charge. The aCGH, FISH, and karyotype of patients from United Christian Hospital were sent to the prenatal diagnostic laboratory of Tsan Yuk Hospital; those of patients from Prince of Wales Hospital were sent to the prenatal diagnostic laboratory of the Chinese University of Hong Kong. NimbleGen CGX 135k (Roche, Basel, Switzerland) and CGX v2 60k (PerkinElmer, Waltham [MA], US) oligonucleotide arrays were used in the aCGH studies in the Tsan Yuk Hospital from July 2012 to March 2014 and from March 2014 to June 2017, respectively. Copy number variations (CNVs) were categorised as previously reported by Kan et al.¹⁵ A customised 44k Fetal Chip v1.0 and a 60k Fetal Chip v2.0 (Agilent Technologies, Inc, Santa Clara [CA], US) were used in the Chinese University of Hong Kong for the aCGH studies from July 2012 to November 2013 and from December 2013 to June 2017, respectively. The CNVs were categorised as previously reported by Leung et al.¹⁶

The aCGH, 22q11FISH, and karyotyping results were reviewed from patient medical records. The prevalence of chromosomal abnormalities in these antenatally diagnosed CHDs fetuses, specifically the prevalence of 22q11.2 deletion, was calculated

華人人口中產前診斷錐幹和非錐幹先天性心臟病的染色體異常和22q11.2區域缺失的現患率

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引言：本研究旨在計算產前診斷先天性心臟病病例中染色體異常的現患率，以及錐幹先天性心臟病和非錐幹先天性心臟病病例中22q11.2區域缺失的現患率。

方法：分析5年內於兩間醫院產科部門經產前超聲檢查發現胎兒先天性心臟病的患者。畸形涉及主動脈流出道或肺流出道歸類為錐幹先天性心臟病，其他則歸類為非錐幹先天性心臟病。從患者醫療記錄中檢索核型分析、針對22q11.2區域缺失檢測的熒光原位雜交分析，以及陣列比較基因組雜交分析結果。主要結果是先天性心臟病染色體異常的現患率。次要結果是22q11.2區域缺失的現患率，並將錐幹和非錐幹先天性心臟病的22q11.2區域現患率作比較。

結果：共254名華籍患者被診斷胎兒先天性心臟病，當中50例（19.7%）發現染色體異常，其中7例（2.8%）出現22q11.2區域缺失，全屬錐幹先天性心臟病，未發現非錐幹先天性心臟病病例（ $P < 0.05$ ）。常規核型分析檢測35例（70%）染色體異常。熒光原位雜交檢測3例22q11.2區域缺失；陣列比較基因組雜交則檢測4例22q11.2區域缺失和8例其他染色體拷貝數變異。

結論：建議對懷有先天性心臟病胎兒的婦女進行入侵性核型分析測試。儘管22q11.2區域缺失的現患率較低，但有需要對錐幹先天性心臟病進行相關檢測。

and compared between the conotruncal CHDs and the non-conotruncal CHDs. The primary outcome was the prevalence of chromosomal abnormalities in CHDs. The secondary outcomes were the total prevalence of 22q11.2 deletion in conotruncal CHDs compared with that in non-conotruncal CHDs.

The SPSS (Windows version 20.0; IBM Corp, Armonk [NY], US) was used for data entry and analysis. Comparison of categorical variables between the conotruncal and non-conotruncal groups was analysed by Chi squared test or Fisher exact test where appropriate. A P value of < 0.05 was considered statistically significant.

The Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) statement was used in the preparation of this article.¹⁷

Results

From July 2012 to June 2017, there were 54 802 deliveries in United Christian Hospital and Prince of Wales Hospital, among which 264 (0.48%) patients were diagnosed to have fetal CHDs by antenatal ultrasound scan. Of these, 254 (96.2%) patients were Chinese and were recruited for final analysis. The mean (\pm standard deviation) maternal age was 32.3 ± 4.9 years, with 151 (59.4%) patients being nulliparous. The mean gestational age at diagnosis of fetal CHDs

TABLE 1. Prevalence of conotruncal and non-conotruncal defects and associated chromosomal abnormalities

Cardiac defect	No. of cases	Presence of chromosomal abnormalities
Conotruncal defects (n=160)		25/129 (19.4%)
Tetralogy of Fallot	40 (25.0%)	10/37 (27.0%)
Right-sided aortic arch	23 (14.4%)	3/19 (15.8%)
Pulmonary stenosis/atresia	18 (11.3%)	0/11
Persistent left superior vena cava	18 (11.3%)	1/8 (12.5%)
Transposition of great arteries	16 (10.0%)	2/15 (13.3%)
Coarctation of aorta	14 (8.8%)	3/13 (23.1%)
Double outlet of right ventricle	13 (8.1%)	3/13 (23.1%)
Aortic stenosis	5 (3.1%)	1/2 (50.0%)
Double inlet of left ventricle	4 (2.5%)	0/4
Aberrant right subclavian artery	4 (2.5%)	0/2
Truncus arteriosus	2 (1.3%)	0/2
Interrupted aortic arch	2 (1.3%)	2/2 (100.0%)
Common inlet right ventricle	1 (0.6%)	0/1
Non-conotruncal defects (n=94)		25/78 (32.1%)
Ventricular septal defect	36 (38.3%)	5/22 (22.7%)
Hypoplastic left heart syndrome	22 (23.4%)	7/22 (31.8%)
Atrioventricular septal defect	17 (18.1%)	8/17 (47.1%)
Tricuspid valve dysplasia	5 (5.3%)	1/5 (20.0%)
Epstein anomaly	4 (4.3%)	0/3
Dextrocardia	2 (2.1%)	1/2 (50.0%)
Atrial septal defect	2 (2.1%)	0/2
Rhabdomyoma	2 (2.1%)	0/1
Cardiomegaly	2 (2.1%)	2/2 (100.0%)
Hypoplastic right heart syndrome	1 (1.1%)	0/1
Mitral valve dysplasia	1 (1.1%)	1/1 (100.0%)

by ultrasound was 20.4 ± 2.9 weeks. Within the total cohort of 254 patients with fetal CHDs, 160 (63.0%) were classified into the conotruncal group, while 94 (37.0%) were classified into the non-conotruncal group. The prevalence of the various types of conotruncal and non-conotruncal CHDs and the prevalence of chromosomal abnormalities are listed in Table 1. Forty-one (16.1%) patients had other structural abnormalities found in antenatal ultrasound apart from CHDs.

Chromosomal analysis and karyotyping was done in 207 (81.5%) patients; of them, aCGH was performed in 146 (70.5%) and 22q11FISH was performed in 61 (29.5%). The remaining 47 patients refused chromosomal analysis. In the group of 207 fetuses with karyotype performed, 50 (24.2%) were found to have chromosomal abnormalities; trisomy 21 and trisomy 18 accounted for 42.0% of all these abnormalities. The different types of chromosomal abnormalities are shown in Table 2. Of the 50 cases

with chromosomal abnormalities, 35 (70%) were detected by conventional karyotyping. Three cases of 22q11.2 deletion were detected by FISH; aCGH detected another four cases of 22q11.2 deletion and eight cases of other CNVs, as shown in Table 3. The prevalence of chromosomal abnormalities in fetuses without extracardiac abnormalities was 29 of 168 (17.3%), whereas that in fetuses with extracardiac abnormalities was 21 of 39 (53.8%). The prevalence of chromosomal abnormalities in non-conotruncal CHDs was 25 of 78 (32.1%) which was significantly higher than that in conotruncal CHDs (25 of 129; 19.4%) [$P=0.04$]. All seven patients with 22q11.2 deletion were found in the group of conotruncal CHDs and no patients with 22q11.2 deletion were found in the group of non-conotruncal CHDs ($P<0.05$). The details of these seven cases are shown in Table 4.

Among the whole cohort of 254 patients with prenatal ultrasound diagnosis of CHDs, 101 (39.8%) patients had their pregnancies terminated. There were 134 (52.8%) live births, nine (3.5%) neonatal deaths, and four (1.6%) intrauterine deaths or miscarriages. Six (2.4%) patients were lost for follow-up and could not be contacted for their pregnancy outcomes.

Discussion

The data from this cohort demonstrated that 24.2% of fetuses with CHDs detected by antenatal ultrasound were found to have chromosomal abnormalities. The frequency of chromosomal abnormality in fetuses with CHDs is much higher than the frequency of such abnormalities in infants, because a large portion of these fetuses are terminated. A 2004 review found that up to 33% of fetal CHDs were associated with chromosomal abnormalities¹; this is much higher than the prevalence in our cohort for two reasons. Firstly, subtle defects such as right-sided aortic arch, persistent left superior vena cava, and aberrant right subclavian artery were not included as CHDs in the previous review. With advances in the ultrasonography resolution, these subtle defects are detected with increasing frequency in recent years. In the current cohort, up to 45 cases belong in this category, but only four of them were found to have chromosomal abnormalities. Secondly, most of our patients had combined biochemical screening or cell-free DNA test in the first trimester for Down syndrome screening. If the screening test was positive, an invasive test was performed and management offered accordingly. Fetal CHDs may not be detectable at that early gestation, and obstetricians may not have been focused on detecting cardiac abnormalities at that time. Therefore, the true prevalence of chromosomal abnormalities in CHDs in fetuses with common aneuploidies may be underestimated in our cohort.

TABLE 2. Prevalence of chromosomal abnormalities in conotruncal, non-conotruncal, and all cardiac defects

Chromosomal abnormalities	Conotruncal defects (n=129)	Non-conotruncal defects (n=78)	All cardiac defects (n=207)
None	104 (80.6%)	53 (67.9%)	157 (75.8%)
Trisomy 18	2 (1.6%)	9 (11.5%)	11 (5.3%)
Trisomy 21	2 (1.6%)	8 (10.3%)	10 (4.8%)
Deletions except 22q11.2	4 (3.1%)	4 (5.1%)	8 (3.9%)
22q11.2 Deletion	7 (5.4%)	0	7 (3.4%)
Unbalanced translocation	3 (2.3%)	0	3 (1.4%)
Duplications	2 (1.6%)	1 (1.3%)	3 (1.4%)
Inversions	3 (2.3%)	0	3 (1.4%)
Trisomy 13	0	1 (1.3%)	1 (0.5%)
Turner syndrome	1 (0.8%)	0	1 (0.5%)
Triploidy	0	1 (1.3%)	1 (0.5%)
Others	1 (0.8%)	1 (1.3%)	2 (1.0%)

TABLE 3. Additional copy number variations detected by array comparative genomic hybridisation apart from 22q11.2 deletion

Fetus	ISCN nomenclature (hg19)	Size of deletion	Allele origin	Pathogenic	Cardiac abnormalities	Pregnancy outcome
Case 1	21q11.1q11.2 (13 910 574 ×2, 13 919 822-15 707 444 ×3, 15 784 350 × 2) mat	1.8 Mb	Maternally inherited	VOUS	TOF	Live birth
Case 2	15q26.3 (99 646 658-100 160 168) × 3 mat	514 kb	Maternally inherited	VOUS	TGA	NND
Case 3	Xq28 (154 120 738-154 494 269) × 1 mat	374 kb	Maternally inherited	Carrier of pathogenic variant	AVSD	TOP
Case 4	7q36.1q36.2 (150 052 506-152 771 624) × 3	2.7 Mb	De novo	Pathogenic	Cardiomegaly	Live birth
Case 5	15q15.1 (40 476 073-42 039 170) × 1	1.6 Mb	De novo	Pathogenic	TOF	Miscarriage
Case 6	Xp22.2 (10 667 354-10 715 946) × 0 mat	48.6 kb	Maternally inherited	Pathogenic	HLHS	TOP
Case 7	7q11.22q11.23 (67 591 191-73 667 513) × 1	6.1 Mb	De novo	Pathogenic (Williams-Beuren syndrome)	Aortic stenosis	Stillbirth
Case 8	22q13.31q13.33 (47 222 964-51 219 009) × 1	4.0 Mb	De novo	Pathogenic (Phelan-McDermid syndrome)	TGA	TOP

Abbreviations: AVSD = atrioventricular septal defect; HLHS = hypoplastic left heart syndrome; ISCN = International System for Human Cytogenetic Nomenclature; NND = neonatal death; TGA = transposition of great arteries; TOF = tetralogy of Fallot; TOP = termination of pregnancy; VOUS = variant of uncertain significance

TABLE 4. Copy number variations detected by array comparative genomic hybridisation, clinical features, and pregnancy outcomes for seven fetuses with 22q11.2 deletion

Fetus	ISCN nomenclature (hg19)	Size of the deletion	CHDs genes involved	Allele origin	Cardiac abnormalities	Cleft palate	Absent thymus/thymic hypoplasia	Developmental delay	Pregnancy outcome
Case 1	N/A	N/A	N/A	De novo	IAA	No	Yes	N/A	TOP
Case 2	N/A	N/A	N/A	De novo	TOF	No	Yes	None at 22-month follow-up	Live birth
Case 3	N/A	N/A	N/A	De novo	IAA	No	Yes	N/A	TOP
Case 4	22q11.21 (18 909 032 – 21 357 982) × 1	2.4 Mb	TBX1	De novo	TOF	No	No	N/A	TOP
Case 5	22q11.21 (18 909 032 – 21 357 982) × 1	2.4 Mb	TBX1	De novo	TOF	No	No	N/A	TOP
Case 6	22q11.21 (18 909 032 – 21 801 661) × 1	2.9 Mb	TBX1	De novo	TOF	No	Yes	N/A	TOP
Case 7	22q11.21 (18 915 409 – 18 976 958) × 1	61 kb	DGCR5	Maternally inherited	RAA	No	No	N/A	NND on day 8 due to sepsis

Abbreviations: CHDs = congenital heart diseases; IAA = interrupted aortic arch; ISCN = International System for Human Cytogenetic Nomenclature; N/A = not available; NND = neonatal death; RAA = right-sided aortic arch; TOF = tetralogy of Fallot; TOP = termination of pregnancy

In the present study, non-conotruncal CHDs were found to have a higher prevalence of chromosomal abnormalities than conotruncal CHDs. Some types of CHDs, such as atrioventricular septal defects and hypoplastic left heart syndrome, are associated with a higher prevalence of chromosomal abnormalities than others, whereas some types of CHDs, such as truncus arteriosus, are rarely associated with chromosomal abnormalities. Invasive testing for karyotyping is generally recommended for antenatally diagnosed CHDs, as the prevalence of chromosomal abnormalities is up to 24.2%. Non-invasive prenatal testing may be performed instead of karyotyping for some isolated cardiac abnormalities, such as isolated small ventricular septal defects (VSDs), persistent left superior vena cava, and aberrant right subclavian artery, when the purpose is to exclude major aneuploidies such as trisomy 21.

The 22q11.2 deletion syndrome is also called DiGeorge syndrome or velo-cardio-facial syndrome. Most patients with this syndrome have a 1.5- to 3-Mb hemizygous deletion at chromosome 22q11.2 causing *TBX1*, *CRKL*, and *MAPK1* gene haploinsufficiency.¹⁸ This syndrome is characterised by cardiac defects, cleft palate, thymic hypoplasia, immune deficiency, hypocalcaemia, and learning difficulties.¹⁹ It has more than 180 associated phenotypic features, with very variable genotype-phenotype correlations. Congenital heart diseases remain one of the most important clinical manifestations, and are present in 75% of patients with 22q11.2 deletion.¹⁹ The most common abnormalities are conotruncal CHDs, among which tetralogy of Fallot (TOF) is the most common.^{14,20} However, 22q11.2 deletion has also been reported in patients with non-conotruncal CHDs such as isolated VSD.^{13,14} In a cross-sectional survey of 392 patients with CHDs, the prevalence of 22q11.2 deletion was only 1.27%. Four out of the five confirmed patients had conotruncal CHDs (interrupted aortic arch, truncus arteriosus, and TOF); the other patient had non-conotruncal CHDs (VSD plus atrial septal defect). Two patients had congenital extracardiac anomaly (one with arched palate and micrognathia and one with hypertelorism).²¹ In a survey of 125 consecutive children in South Africa with CHDs, the prevalence of 22q11.2 deletions was 4.8%. The cardiac abnormalities in these confirmed patients included four with conotruncal CHDs (tricuspid atresia with interrupted aortic arch, tricuspid atresia with right-sided aortic arch, TOF, and VSD with right-sided aortic arch), but also two isolated VSDs.²² The above two studies suggest that most patients with 22q11.2 deletions have conotruncal CHDs; although non-conotruncal CHDs are possible, the prevalence is low.

The prevalence of 22q11.2 deletions in the

Chinese population has not been well documented. A study of 113 Chinese fetuses with CHDs found that the frequency of 22q11.2 deletion was 5.3%.²³ A recent study surveyed the prevalence of undiagnosed 22q11.2 deletions in 156 adult Hong Kong Chinese patients with conotruncal CHDs by screening for 22q11.2 deletion syndrome using fluorescence polymerase chain reaction and FISH. Eighteen (11.5%) patients were diagnosed with 22q11.2 deletion syndrome, translating into one previously unrecognised diagnosis of 22q11.2 deletion syndrome in every 10 adults with conotruncal CHDs. Extracardiac manifestations in these affected individuals included velopharyngeal incompetence or cleft palate (44%), hypocalcaemia (39%), neurodevelopmental anomalies (33%), thrombocytopenia (28%), psychiatric disorders (17%), epilepsy (17%), and hearing loss (17%). Those authors concluded that underdiagnosis in Chinese adults is common and recognition of facial dysmorphic features can be affected by age and ethnicity. Facial dysmorphic features may not be reliably recognised in adult patients with CHDs in the clinical setting; therefore, referral for genetic evaluation and molecular testing for 22q11.2 deletion syndrome should be offered to patients with conotruncal CHDs.¹²

In contrast, in a small Chinese series, the frequency of 22q11.2 deletion in three Chinese ethnic groups (Tai, Bai, and Han people) with 19 sporadic CHDs was studied using genotype and haplotype analysis with D22S420 in 11 consecutive polymorphic microsatellite markers. Within this cohort, deletions at D22S944 were found in two of four patients with TOF, one of five patients with VSD, and one of five patients with patent ductus arteriosus. Those authors concluded that sporadic 22q11.2 deletion could be detected in isolated TOF, VSD, and patent ductus arteriosus in Chinese ethnic groups without relevant family history of CHDs.¹³ The present study includes a larger sample size (207 fetuses) than the previous two Chinese studies, but the detected prevalence of 22q11.2 deletion was only 3.4%. In addition, all seven fetuses with confirmed 22q11.2 deletion in the present study had conotruncal CHDs; none had non-conotruncal CHDs or isolated VSD. The inclusion of patent ductus arteriosus in the second study as CHDs is inconsistent with other studies. Therefore those findings of 22q11.2 deletion associated with isolated CHDs should be further evaluated in other populations.

The prevalence of 22q11.2 deletion in the present study was 3.4% (7/207), which is comparable to that reported in the literature. Because all patients had either 22q11FISH or aCGH testing, the possibility of underdiagnosis was minimised. The cardiac abnormalities identified in the confirmed cases were all conotruncal CHDs typical of 22q11.2

deletion syndrome. The deletions were not found in any cases with non-conotruncal CHDs, suggesting that the occurrence of 22q11.2 deletion in non-conotruncal CHDs in the local population is very low.

Array comparative genomic hybridisation is a molecular cytogenetic technique to detect any CNVs within the genome. A systematic review and meta-analysis on the use of aCGH on fetal CHDs that included 1131 cases showed that the incremental yield of aCGH in detecting CNVs after karyotyping and 22q11FISH analysis was 7%. An incremental yield of 12% was found when 22q11.2 deletion cases were included.²⁴ In the present study, aCGH detected four cases of 22q11.2 deletion and eight additional cases of CNVs. On the basis of the deletion size in the four cases of 22q11.2 deletion, three should also be detected by 22q11FISH; only the 61-kb deletion would not be detectable by FISH. Therefore, if all patients in our cohort had karyotyping only without 22q11FISH, aCGH would have an incremental yield of 6.0% (12/207). If all our patients had karyotyping and 22q11FISH as first line, then aCGH would have a further incremental yield of 4.3% (9/207). This incremental rate for aCGH was lower than that reported previously.²⁴ For patients in Hong Kong, aCGH is a self-financed option. If fetal CHDs are detected antenatally, invasive testing with karyotype and aCGH is offered to the patient on the basis of the potential incremental yield of aCGH. In the present study, counselling for patients whose fetus has Williams-Beuren syndrome or Phelan-McDermid syndrome would be different from that for patients whose fetus has isolated cardiac defects, as there would be other extracardiac manifestation such as mental retardation. However, if patient declines self-paid aCGH, 22q11FISH should be offered in addition to conventional karyotyping, because karyotyping cannot readily detect 22q11.2 deletion.

Limitations

This study may have underestimated the prevalence of chromosomal abnormalities, because 47 of our patients did not have chromosomal analysis performed, 30 of whom were counselled as having minor cardiac abnormalities or were normal variants (14 fetuses had isolated small VSD, 10 had persistent left superior vena cava, four had right-sided aortic arch, and two had aberrant right subclavian artery). However, none of the babies were suspected or diagnosed to have chromosomal abnormalities or DiGeorge syndrome after clinical assessment by paediatrician after birth. Therefore, we assumed that there were no major clinically significant chromosomal abnormalities in these babies.

Although the prevalence of 22q11.2 deletion is low, testing for 22q11.2 deletion should be offered for fetuses with conotruncal CHDs. Array comparative

genomic hybridisation has an additional incremental yield of around 5% on other microdeletions apart from 22q11.2 deletion, and should be offered in addition to karyotyping and 22q11FISH.

Author contributions

All authors had full access to the data, contributed to the study, approved the final version for publication, and take responsibility for its accuracy and integrity.

Concept or design of the study: CW Kong, WWK To.

Acquisition of data: CW Kong, YKY Cheng.

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Drafting of the manuscript: CW Kong.

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Conflicts of interest

All authors have disclosed no conflicts of interest.

Declaration

The findings of this study were presented as poster presentation in the 17th World Congress in Fetal Medicine, Athens, Greece, 24-28 June 2018.

Funding/support

This research received no specific grant from any funding agency in the public, commercial or not-for-profit sectors.

Ethics approval

Ethics approval for this study was granted by the Kowloon Central/ Kowloon East Research Ethics Committee (KC/KE-17-0183/ER-3) and the Joint CUHK-NTEC Clinical Research Ethics Committee (NTEC-2017-0336). As this study was a retrospective review, the need for individual patient consent was waived by the above two research ethics committees.

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