Parapharyngeal abscess presenting as masticatory otorrhoea-persistent foramen tympanicum as a route of drainage: a case report

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Case report

A 26-year-old woman presented to the emergency department of Queen Mary Hospital in August 2014 with fever and right otorrhea following extraction of her right lower third molar 5 days previously. Physical examination revealed right buccal swelling, limited mouth opening, and pus-like discharge in the right external auditory canal (EAC) exacerbated by mastication. There was no hearing loss or facial nerve palsy. Otoscopy revealed granulation tissue and pus arising from the anterior wall of the inner right EAC.

Contrast-enhanced computed tomography scan showed a right parapharyngeal rim enhancing collection (Fig 1) tracking into the right temporomandibular fossa. Enhancing soft tissue was seen at the inner one-third of the right EAC. A bony defect was present at its anterior wall, compatible with a persistent foramen tympanicum (also known as foramen of Huschke), allowing communication between the EAC and the temporomandibular fossa (Fig 2). Overall findings were compatible with right parapharyngeal abscess discharging via a persistent foramen tympanicum into the right EAC.

The patient was treated with a course of antibiotics in view of her stable condition and lack of airway compromise. The patient responded clinically and repeat computed tomography scan 1 week after initial presentation showed complete resolution of the right parapharyngeal abscess and enhancing soft tissue within the right EAC. Subsequent bacterial culture of the right ear discharge yielded Streptococcus anginosus, a common cause of oral infection.

Discussion

Parapharyngeal abscesses are deep cervical infections with potential serious complications such as shock, mediastinitis, jugular vein thrombosis, upper airway obstruction, and death. Tonsillitis and odontogenic infection are the most common aetiologies. The clinical presentation typically involves fever, neck pain, odynophagia, neck oedema, and upper airway obstruction.1

Otorrhoea is typically caused by external or middle ear pathologies such as otitis. Otorrhoea as a presenting symptom for a neck abscess is highly unusual. In our literature review, only two cases were found. Biron et al2 described a patient with a submandibular abscess that tracked into the ipsilateral external auditory meatus via the parapharyngeal and masticator spaces. Pepato et al3 reported a case of lower third molar infection presenting as purulent ear discharge, with persistent foramen tympanicum found in a follow-up cone-beam computed tomography study. The route of spread was postulated to be either via the Santorini fissures (the tiny defects in the anterior wall of the cartilaginous EAC) or via a persistent foramen tympanicum.

Persistent foramen tympanicum, first described by Emil Huschke in 1844, represents a failure of ossification of the tympanic part of the temporal bone and normally occurs from birth with completion by age 5 years. The foramen is located at
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the anteroinferior aspect of the EAC, just posterior to the temporomandibular joint. Incidence is quoted from 4.6% to 22.7% based on radiological and cadaveric studies.4

The majority of individuals with the foramen are asymptomatic although various complications have been reported. Most are benign, such as salivation from the ear during mastication and spontaneous herniation of the temporomandibular joint into the EAC leading to otalgia and tinnitus. Iatrogenic middle ear injury is possible when the foramen is inadvertently traversed during temporomandibular joint arthroscopy.5 It is possible that the lack of bony integrity reduces mechanical resistance to pathological processes, such as the spreading of parapharyngeal abscess in our case. Parotid pleomorphic adenomas have also been reported to herniate through the foramen to present as an EAC mass.

To the best of our knowledge, this is the first case to provide direct radiological evidence of persistent foramen tympanicum as a route for drainage leading to masticatory otorrhoea. It is important for doctors to be aware of the clinical presentation to permit diagnosis and subsequent treatment.

Author contributions
All authors contributed to the concept, image acquisition, image and data interpretation, manuscript drafting, and critical revision for important intellectual content. All authors had full access to the data, contributed to the study, approved the final version for publication, and take responsibility for its accuracy and integrity.

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Ethics approval
Patient consent was obtained for the purpose of this case study.

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