

### HKMJ June 2020 CME/CPD for Fellows and non-Fellows

The *Hong Kong Medical Journal* has introduced CME/CPD for Fellows of the Hong Kong Academy of Medicine (HKAM), and registrants of the MCHK CME Programme under the HKAM or the Hong Kong Medical Association can also participate. It is based on published articles in the Journal, and the Editorial Board aims at selecting topics of more general interest to a wide range of specialties. For HKAM Fellows, decision of whether any of the selected article(s) is/are appropriate for CME/CPD exercise rests with the CME/CPD committee of their representative Colleges. Answer sheets sent by Fellows of College(s) that do not assign CME/CPD points will not be processed.

The amount of CME/CPD points awarded (for specialist CME/CPD) to each of the articles by the specific Colleges is indicated at the bottom of this page. Fellows of the specific Colleges can either participate by returning the answer sheet to the quizzes by mail/fax to the Academy or doing the quizzes online at iCMECPD (<http://www.icmecpd.hk>). If Fellows choose to do a quiz online, their answer sheet for the same quiz sent to the Academy by mail/fax will not be processed.

For the MCHK CME Programme, one CME point has been accredited per article by the Academy. Registrants of the MCHK CME Programme must mail or fax the completed answer sheet to their respective Administrator. **Registrants of the Academy must return the answer sheet to the Academy, similarly registrants of the Medical Association must return it to the Association.** The Academy and the Association, who are both appointed as Administrators for the MCHK Programme, will not be responsible for re-directing answer sheets sent to the wrong Administrator by mistake to each other.

#### Instructions:

1. Fill in the personal particulars in the answer sheet.
2. Shade the correct answer square for each question.
3. Mail or fax the Answer Sheet to the Academy or the Medical Association by **31 July 2020**.

<i>Category</i>	<i>Answer sheet to be mailed/faxed to:</i>
Academy Fellows; <i>OR</i> Registrants for the MCHK CME Programme <b><u>under the Academy</u></b>	Ref: CMECPD Hong Kong Academy of Medicine, 10/F, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; fax: (852) 2505 5577
Registrants for the MCHK/HKMA CME Programme <b><u>under the Medical Association</u></b>	The Hong Kong Medical Association Duke of Windsor Social Service Bldg., 5/F, 15 Hennessy Road, Hong Kong; fax: (852) 2865 0943

#### College CME/CPD Points (as of 29 May 2020):

College	CME points I	Passing Mark I	CME points II	Passing Mark II
Hong Kong College of Anaesthesiologists	1 (Self Study)	50%	1 (Self Study)	50%
Hong Kong College of Community Medicine	0.5 (Self Study)	50%	0.5 (Self Study)	50%
College of Dental Surgeons of Hong Kong	1 (Self Study)	50%	1 (Self Study)	50%
Hong Kong College of Emergency Medicine	1 (Self Study)	50%	1 (Self Study)	50%
Hong Kong College of Family Physicians	1 (Cat.5.1)	50%	1 (Cat.5.1)	50%
Hong Kong College of Obstetricians and Gynaecologists	1 (Non O&G)	0%	1 (Non O&G)	0%
College of Ophthalmologists of Hong Kong	1 (Self Study)	50%	1 (Self Study)	50%
Hong Kong College of Orthopaedic Surgeons	1 (AP-Cat A)	80%	1 (AP-Cat A)	80%
Hong Kong College of Otorhinolaryngologists	1 (Cat.1.2)	80%	1 (Cat.1.2)	80%
Hong Kong College of Paediatricians	1 (Active Cat.D)	50%	1 (Active Cat.E)	50%
Hong Kong College of Pathologists	1 (Self Study)	60%	1 (Self Study)	60%
Hong Kong College of Physicians	0.5 (Active)	0%	1 (Active)	0%
Hong Kong College of Psychiatrists	1 (Self Study)	80%	1 (Self Study)	80%
Hong Kong College of Radiologists	Nil		Nil	
College of Surgeons of Hong Kong	1 (Self Study)	0%	1 (Self Study)	0%

**CME Points for MCHK CME Programme: 1 CME point per article**

## Answer Sheet – Hong Kong Medical Journal June 2020 Issue

Name: \_\_\_\_\_

Hong Kong Academy of Medicine	Hong Kong Medical Association
<p><i>For Academy Fellows:</i> College: _____ Fellowship No: _____</p> <p><i>For MCHK CME Registrants:</i> MCHK Reg. No. _____</p>	<p>HKMA Membership or CME No.: _____</p> <p>HKID No: ____ - ____ X X (X)</p> <p>Contact Telephone No.: _____</p> <p>Signature: _____</p>

I. Awareness of fertility preservation among Chinese medical students	True	False
<p>A. Are the following statements regarding the knowledge of fertility preservation true or false?</p> <p>1. Female fertility significantly declines after age 35 years. <span style="float: right;"><input checked="" type="checkbox"/></span> <span style="float: right;"><input type="checkbox"/></span></p> <p>2. The success rate of in vitro fertilisation is &gt;50%. <span style="float: right;"><input type="checkbox"/></span> <span style="float: right;"><input checked="" type="checkbox"/></span></p> <p>3. Male fertility does not significantly decline even after age 50 years. <span style="float: right;"><input type="checkbox"/></span> <span style="float: right;"><input checked="" type="checkbox"/></span></p> <p>4. Egg freezing is much more expensive than sperm freezing. <span style="float: right;"><input checked="" type="checkbox"/></span> <span style="float: right;"><input type="checkbox"/></span></p> <p>5. The chance of pregnancy for a woman aged 25 to 30 years having unprotected intercourse during a period of 1 year is around 70% to 79%. <span style="float: right;"><input checked="" type="checkbox"/></span> <span style="float: right;"><input type="checkbox"/></span></p>		
<p>B. Are the following statements concerning fertility preservation policies true or false?</p> <p>1. Over 80% of Hong Kong medical students were supportive towards social freezing. <span style="float: right;"><input type="checkbox"/></span> <span style="float: right;"><input checked="" type="checkbox"/></span></p> <p>2. Subsidies on gamete freezing provided by the public sector are available for cancer patients. <span style="float: right;"><input type="checkbox"/></span> <span style="float: right;"><input checked="" type="checkbox"/></span></p> <p>3. Patients should only be informed about fertility preservation options when they have high risk of infertility after medical treatments. <span style="float: right;"><input type="checkbox"/></span> <span style="float: right;"><input checked="" type="checkbox"/></span></p> <p>4. Gamete freezing is only available for people with medical conditions in Hong Kong. <span style="float: right;"><input type="checkbox"/></span> <span style="float: right;"><input checked="" type="checkbox"/></span></p> <p>5. Less than 30% of Hong Kong medical students are familiar with fertility preservation service providers in Hong Kong. <span style="float: right;"><input checked="" type="checkbox"/></span> <span style="float: right;"><input type="checkbox"/></span></p>		
II. Hip fractures are preventable: a proposal for osteoporosis screening and fall prevention in older people	True	False
<p>A. Are the following statements concerning osteoporosis screening by dual-energy X-ray densitometry true or false?</p> <p>1. It is recommended for all men aged <math>\geq 70</math> years. <span style="float: right;"><input checked="" type="checkbox"/></span> <span style="float: right;"><input type="checkbox"/></span></p> <p>2. It involves radiation equivalent to that from a chest X-ray. <span style="float: right;"><input type="checkbox"/></span> <span style="float: right;"><input checked="" type="checkbox"/></span></p> <p>3. It is recommended for all women aged <math>\geq 65</math> years. <span style="float: right;"><input checked="" type="checkbox"/></span> <span style="float: right;"><input type="checkbox"/></span></p> <p>4. It is predictive of hip fracture. <span style="float: right;"><input checked="" type="checkbox"/></span> <span style="float: right;"><input type="checkbox"/></span></p> <p>5. It is recommended for people aged &gt;65 years with a recent fall. <span style="float: right;"><input checked="" type="checkbox"/></span> <span style="float: right;"><input type="checkbox"/></span></p>		
<p>B. Are the following statements about antiresorptive drug treatment true or false?</p> <p>1. It is indicated when the hip T score is &lt;-2.5. <span style="float: right;"><input checked="" type="checkbox"/></span> <span style="float: right;"><input type="checkbox"/></span></p> <p>2. It often causes osteonecrosis of the jaw. <span style="float: right;"><input type="checkbox"/></span> <span style="float: right;"><input checked="" type="checkbox"/></span></p> <p>3. It prevents hip fracture only in those with osteoporosis. <span style="float: right;"><input type="checkbox"/></span> <span style="float: right;"><input checked="" type="checkbox"/></span></p> <p>4. It should be discontinued after 2 years because of risk of adverse effects. <span style="float: right;"><input type="checkbox"/></span> <span style="float: right;"><input checked="" type="checkbox"/></span></p> <p>5. It is indicated after a low-trauma hip fracture. <span style="float: right;"><input checked="" type="checkbox"/></span> <span style="float: right;"><input type="checkbox"/></span></p>		