

## HKMJ April 2020 CME/CPD for Fellows and non-Fellows

The *Hong Kong Medical Journal* has introduced CME/CPD for Fellows of the Hong Kong Academy of Medicine (HKAM), and registrants of the MCHK CME Programme under the HKAM or the Hong Kong Medical Association can also participate. It is based on published articles in the Journal, and the Editorial Board aims at selecting topics of more general interest to a wide range of specialties. For HKAM Fellows, decision of whether any of the selected article(s) is/are appropriate for CME/CPD exercise rests with the CME/CPD committee of their representative Colleges. Answer sheets sent by Fellows of College(s) that do not assign CME/CPD points will not be processed.

The amount of CME/CPD points awarded (for specialist CME/CPD) to each of the articles by the specific Colleges is indicated at the bottom of this page. Fellows of the specific Colleges can either participate by returning the answer sheet to the quizzes by mail/fax to the Academy or doing the quizzes online at iCMECPD (http://www.icmecpd.hk). If Fellows choose to do a quiz online, their answer sheet for the same quiz sent to the Academy by mail/fax will not be processed.

For the MCHK CME Programme, one CME point has been accredited per article by the Academy. Registrants of the MCHK CME Programme must mail or fax the completed answer sheet to their respective Administrator. Registrants of the Academy must return the answer sheet to the Academy, similarly registrants of the Medical Association must return it to the Association. The Academy and the Association, who are both appointed as Administrators for the MCHK Programme, will not be responsible for re-directing answer sheets sent to the wrong Administrator by mistake to each other.

## **Instructions:**

- 1. Fill in the personal particulars in the answer sheet.
- 2. Shade the correct answer square for each question.
- 3. Mail or fax the Answer Sheet to the Academy or the Medical Association by 31 May 2020.

| Category                                   | Answer sheet to be mailed/faxed to:                               |
|--|---|
| Academy Fellows; <i>OR</i> Registrants for | Ref: CMECPD   |
| the MCHK CME Programme under the           | Hong Kong Academy of Medicine, 10/F, 99 Wong Chuk Hang Road,      |
| <u>Academy</u>                             | Aberdeen, Hong Kong; fax: (852) 2505 5577                         |
| Registrants for the MCHK/HKMA              | The Hong Kong Medical Association                                 |
| CME Programme under the Medical            | Duke of Windsor Social Service Bldg., 5/F, 15 Hennessy Road, Hong |
| Association                                | Kong; fax: (852) 2865 0943  |

## College CME/CPD Points (as of 27 April 2020):

| College   | CME points I     | Passing Mark I | CME points II    | Passing Mark II |  |
|---|------------------|----------------|------------------|-----------------|--|
| Hong Kong College of Anaesthesiologists               | 1 (Self Study)   | 50%            | 1 (Self Study)   | 50%             |  |
| Hong Kong College of Community Medicine               | 0.5 (Self Study) | 50%            | 0.5 (Self Study) | 50%             |  |
| College of Dental Surgeons of Hong Kong               | 1 (Self Study)   | 50%            | 1 (Self Study)   | 50%             |  |
| Hong Kong College of Emergency Medicine               | 1 (Self Study)   | 50%            | 1 (Self Study)   | 50%             |  |
| Hong Kong College of Family Physicians                | 1 (Cat.5.1)      | 50%            | 1 (Cat.5.1)      | 50%             |  |
| Hong Kong College of Obstetricians and Gynaecologists | 1 (non O&G)      | 0%             | 1 (O&G)          | 60%             |  |
| College of Ophthalmologists of Hong Kong              | 0.5 (Self Study) | 50%            | 0.5 (Self Study) | 50%             |  |
| Hong Kong College of Orthopaedic Surgeons             | 1 (AP-A)         | 100%           | 1 (AP-A)         | 100%            |  |
| Hong Kong College of Otorhinolaryngologists           | 1 (Cat.1.2)      | 80%            | 1 (Cat.1.2)      | 80%             |  |
| Hong Kong College of Paediatricians                   | 1 (Active Cat.E) | 50%            | 1 (Active Cat.D) | 50%             |  |
| Hong Kong College of Pathologists                     | 1 (Self Study)   | 60%            | 1 (Self Study)   | 60%             |  |
| Hong Kong College of Physicians                       | 0.5 (Active)     | 0%             | 0.5 (Active)     | 0%              |  |
| Hong Kong College of Psychiatrists                    | 1 (Self Study)   | 80%            | 1 (Self Study)   | 80%             |  |
| Hong Kong College of Radiologists                     | 1 (Self Study)   | 50%            | Nil              | Nil             |  |
| College of Surgeons of Hong Kong                      | 1 (Self Study)   | 0%             | 1 (Self Study)   | 0%              |  |

CME Points for MCHK CME Programme: 1 CME point per article

## Answer Sheet – Hong Kong Medical Journal April 2020 Issue

| Nan   | ne:   |                                   |                         |                |  |  |
|---|---|-----------------------------------|-------------------------|----------------|--|--|
| Hong Kong Academy of Medicine Hong Kong Medical Associati                             |   | n                                 |                         |                |  |  |
|   |   | HKMA Membership or CME No.:       |                         |                |  |  |
|   | llege: Fellowship No:   | TRIVIT INTO MOCIONIP OF CIVIL TVO | <b>,</b>                |                |  |  |
| For MCHK CME Registrants:  HKID No: -   |   | HKID No:                          | XX(X                    | )              |  |  |
|   | MCHK Reg. No Contact Telephone No.:   |                                   |                         | ,              |  |  |
|   |   | 1                                 |                         |                |  |  |
|   | S   | Signature:                        |                         |                |  |  |
|   |   |                                   |                         |                |  |  |
|   | Patient-reported outcomes after surgery or radioth                                | nerapy for localised              | True                    | False          |  |  |
|   | prostate cancer: a retrospective study  |                                   |                         |                |  |  |
| A.  | Are the following complications of prostatectomy rep                              | ported in this series true or     |                         |                |  |  |
| ١.  | false?  |                                   |                         |                |  |  |
| 1.  | Prostatectomy patients had more bowel symptoms in                                 |                                   |                         |                |  |  |
| 2.  | New-onset erectile dysfunctions were more prevalent                               | $\overline{\mathbf{A}}$           |                         |                |  |  |
|   | prostatectomy than patients who received radiotherap                              | •                                 |                         | $\square$      |  |  |
| 3.  | 3. Prostatectomy patients reported more irritative symptoms documented in medical |                                   |                         |                |  |  |
| 4.  | record.  There was no unplanned readmission after surgery in                      | nrostatectomy nationts            | $\square$               |                |  |  |
| 5.  |   |                                   |                         |                |  |  |
| <i>J</i> .  | in the Expanded Prostate Cancer Index Composite (E                                |                                   | $\overline{\square}$    |                |  |  |
| В   | Are the following complications of radiotherapy repo                              |                                   |                         |                |  |  |
| D.  | false?  | sited in this series true of      |                         |                |  |  |
| 1.  | More patients had rectal bleeding after receiving radi                            |                                   |                         |                |  |  |
|   | surgery.  |                                   |                         |                |  |  |
| 2.  |   |                                   |                         | $\square$      |  |  |
| of urine.   |   |                                   |                         |                |  |  |
| 3. Patients treated with radiotherapy had better sexual function score as reported in |   |                                   |                         | $\square$      |  |  |
|   | EPIC questionnaire.   |                                   |                         |                |  |  |
| 4.  | Except in the initial 3 months after treatment, patient                           |                                   | $\square$               |                |  |  |
|   | had much lower incidence of urinary symptoms (other                               | er than incontinence) than        |                         |                |  |  |
| l _   | patients received surgery.  | _                                 |                         |                |  |  |
| 5.  | Despite more bowel symptoms reported in patients w                                | $\overline{\mathbf{A}}$           | Ш                       |                |  |  |
|   | there was no difference in the EPIC bowel symptom                                 | score between patients            |                         |                |  |  |
| TT  | treated with radiotherapy and surgery.  | - ETODOH                          | <b>T</b>                | F1             |  |  |
| II.   | <u> </u>  | demand on TODCII commonited       | True                    | False          |  |  |
| Α.  | Which of the following bacterial infections are considerations:                   | dered as TORCH congenital         |                         |                |  |  |
| 1.  | Group B Streptococcal infection   |                                   |                         |                |  |  |
| 2.  | Syphilis  |                                   | $\Box$                  |                |  |  |
| 3.  | Staphylococcal infection  |                                   |                         |                |  |  |
| 4.  | Mycoplasma infection  |                                   |                         |                |  |  |
|   | Escherichia coli infection  |                                   |                         | <u> </u>       |  |  |
|   | Which of the following viral infections are considere                             | d as TORCH congenital             |                         | † <del>-</del> |  |  |
|   | infections?   |                                   |                         |                |  |  |
| 1.  | German measles  |                                   |                         |                |  |  |
| 2.  | Coronavirus disease   |                                   | $\overline{\checkmark}$ |                |  |  |
| 3.  | Herpes simplex  |                                   | $\overline{\checkmark}$ |                |  |  |
| 4.  | Zika  |                                   | $\overline{\checkmark}$ |                |  |  |
| 5.  | Measles   |                                   |                         |                |  |  |