

HKMJ February 2020 CME/CPD for Fellows and non-Fellows

The *Hong Kong Medical Journal* has introduced CME/CPD for Fellows of the Hong Kong Academy of Medicine (HKAM), and registrants of the MCHK CME Programme under the HKAM or the Hong Kong Medical Association can also participate. It is based on published articles in the Journal, and the Editorial Board aims at selecting topics of more general interest to a wide range of specialties. For HKAM Fellows, decision of whether any of the selected article(s) is/are appropriate for CME/CPD exercise rests with the CME/CPD committee of their representative Colleges. Answer sheets sent by Fellows of College(s) that do not assign CME/CPD points will not be processed.

The amount of CME/CPD points awarded (for specialist CME/CPD) to each of the articles by the specific Colleges is indicated at the bottom of this page. Fellows of the specific Colleges can either participate by returning the answer sheet to the quizzes by mail/fax to the Academy or doing the quizzes online at iCMECPD (<http://www.icmecpd.hk>). If Fellows choose to do a quiz online, their answer sheet for the same quiz sent to the Academy by mail/fax will not be processed.

For the MCHK CME Programme, one CME point has been accredited per article by the Academy. Registrants of the MCHK CME Programme must mail or fax the completed answer sheet to their respective Administrator. **Registrants of the Academy must return the answer sheet to the Academy, similarly registrants of the Medical Association must return it to the Association.** The Academy and the Association, who are both appointed as Administrators for the MCHK Programme, will not be responsible for re-directing answer sheets sent to the wrong Administrator by mistake to each other.

Instructions:

1. Fill in the personal particulars in the answer sheet.
2. Shade the correct answer square for each question.
3. Mail or fax the Answer Sheet to the Academy or the Medical Association by **31 March 2020**.

Category	Answer sheet to be mailed/faxed to:
Academy Fellows; OR Registrants for the MCHK CME Programme under the Academy	Ref: CMECPD Hong Kong Academy of Medicine, 10/F, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; fax: (852) 2505 5577
Registrants for the MCHK/HKMA CME Programme under the Medical Association	The Hong Kong Medical Association Duke of Windsor Social Service Bldg., 5/F, 15 Hennessy Road, Hong Kong; fax: (852) 2865 0943

College CME/CPD Points (as of 24 January 2020):

College	CME points I	Passing Mark I	CME points II	Passing Mark II
Hong Kong College of Anaesthesiologists	1 (Ana-active)	50%	1 (Ana-active)	50%
Hong Kong College of Community Medicine ¹	CME/CPD points already accredited for reading articles in the <i>Hong Kong Medical Journal</i> under "Self study". No additional CME/CPD points to be granted for the two specified articles.			
College of Dental Surgeons of Hong Kong	1 (Self Study)	50%	1 (Self Study)	50%
Hong Kong College of Emergency Medicine	1 (Self Study)	50%	1 (Self Study)	50%
Hong Kong College of Family Physicians	1 (Cat.5.1)	50%	1 (Cat.5.1)	50%
Hong Kong College of Obstetricians and Gynaecologists	1 (O&G)	60%	Nil	Nil
College of Ophthalmologists of Hong Kong	1 (Self Study)	50%	1 (Self Study)	50%
Hong Kong College of Orthopaedic Surgeons	Pending		Pending	
Hong Kong College of Otorhinolaryngologists	1 (Cat.1.2)	80%	1 (Cat.2.2)	80%
Hong Kong College of Paediatricians	1 (Active Cat.D)	50%	1 (Active Cat.D)	50%
Hong Kong College of Pathologists	1 (Self Study)	60%	1 (Self Study)	60%
Hong Kong College of Physicians	Nil	Nil	1 (Active)	0%
Hong Kong College of Psychiatrists	1 (SS-OL)	80%	1 (SS-OL)	80%
Hong Kong College of Radiologists	Nil	Nil	Nil	Nil
College of Surgeons of Hong Kong	1 (Self Study)	0%	1 (Self Study)	0%

¹ The *Hong Kong Medical Journal* is already included in the list of the College's approved journals for self-study. One hour of self-study is awarded 1 point

CME Points for MCHK CME Programme: 1 CME point per article

Answer Sheet – Hong Kong Medical Journal February 2020 Issue

Name: _____

<p>Hong Kong Academy of Medicine</p> <p><i>For Academy Fellows:</i> College: _____ Fellowship No: _____</p> <p><i>For MCHK CME Registrants:</i> MCHK Reg. No. _____</p>	<p>Hong Kong Medical Association</p> <p>HKMA Membership or CME No.: _____</p> <p>HKID No: __ __ - __ __ __ __ X X (X)</p> <p>Contact Telephone No.: _____</p> <p>Signature: _____</p>
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	<i>True</i>	<i>False</i>
I. Second tier non-invasive prenatal testing in a regional prenatal diagnosis service unit: a retrospective analysis and literature review		
A. Are the following statements on the Down's syndrome screening algorithm true or false?		
1. In the 1990s, all pregnant women aged ≥ 35 years at confinement were offered direct invasive testing to rule out chromosomal abnormalities.	<input type="checkbox"/>	<input type="checkbox"/>
2. Since 1 July 2010, universal Down's syndrome screening has been offered only to pregnant women aged ≥ 35 years in all public obstetrics units in Hong Kong.	<input type="checkbox"/>	<input type="checkbox"/>
3. Women with adjusted term risk $\geq 1:350$ are regarded as high risk.	<input type="checkbox"/>	<input type="checkbox"/>
4. Since December 2019, the Hong Kong Hospital Authority has used a new Down's syndrome screening algorithm which offers free-of-charge non-invasive prenatal testing (NIPT) to women who are screened positive.	<input type="checkbox"/>	<input type="checkbox"/>
5. Women who are screened positive are offered invasive testing, second tier NIPT, or conservative management.	<input type="checkbox"/>	<input type="checkbox"/>
B. Are the following statements concerning the factors associated with women's choice between NIPT and invasive testing in local population true or false?		
1. The present study is a prospective study which examined the factors associated with women's choice between NIPT and invasive testing.	<input type="checkbox"/>	<input type="checkbox"/>
2. Nulliparity, first trimester status, higher education, maternal employment, and conception by assisted reproductive technology are common factors associated with self-financed NIPT after positive screening.	<input type="checkbox"/>	<input type="checkbox"/>
3. Among women choosing NIPT, the rates of abnormal results are typically around 8% in studies performed in Hong Kong.	<input type="checkbox"/>	<input type="checkbox"/>
4. Despite the fact that NIPT was self-paid, increasing NIPT uptake rates since 2011 have been reported by studies performed in Hong Kong.	<input type="checkbox"/>	<input type="checkbox"/>
5. Second tier screening after positive combined first trimester screening significantly increased the number of invasive procedures performed.	<input type="checkbox"/>	<input type="checkbox"/>
II. Age, sex, and disease status as determinants of skin hydration and transepidermal water loss among children with and without eczema	<i>True</i>	<i>False</i>
A. Are the following statements regarding skin hydration (SH) true or false?		
1. SH is a subjective feeling that cannot be objectively determined.	<input type="checkbox"/>	<input type="checkbox"/>
2. SH correlates with disease severity in eczema (ie, higher SH in more severe disease).	<input type="checkbox"/>	<input type="checkbox"/>
3. SH is lower in young children than in children aged >2 years.	<input type="checkbox"/>	<input type="checkbox"/>
4. Females generally have dryer skin and lower SH than males.	<input type="checkbox"/>	<input type="checkbox"/>
5. SH inversely correlates with disease severity in eczema.	<input type="checkbox"/>	<input type="checkbox"/>
B. Are the following statements concerning transepidermal water loss (TEWL) true or false?		
1. TEWL is a hypothetical concept that cannot be objectively determined.	<input type="checkbox"/>	<input type="checkbox"/>
2. TEWL is generally lower in children with eczema than normal subjects.	<input type="checkbox"/>	<input type="checkbox"/>
3. TEWL is always higher among females than males.	<input type="checkbox"/>	<input type="checkbox"/>
4. TEWL is positively correlated with the severity of eczema.	<input type="checkbox"/>	<input type="checkbox"/>
5. TEWL is correlated with SH.	<input type="checkbox"/>	<input type="checkbox"/>