Re: Screening for retinopathy of prematurity and treatment outcome in a tertiary hospital in Hong Kong

To the Editor—We read with interest the elegant study by Iu et al on the prevalence and severity of retinopathy of prematurity (ROP) in a tertiary hospital in Hong Kong. Compared with their data in which the incidence of ROP was 16.9% in 89 premature infants screened over 1 year, our analysis of 602 infants screened over 7 years and another local study of 513 infants over 5 years revealed a ROP prevalence of 28.2 and 18.5%, respectively. We would like to highlight the point that the prevalence rates could be related to the case-mix. We had a larger proportion of high-risk infants. Our youngest mean gestational age was 29+3 weeks compared with 30+2 weeks in Iu et al’s study and 30 weeks in Yau et al’s study. We also had a higher proportion of extremely low birth weight (ELBW) infants (<1000 g; 24.1% vs 19.1%). This may reflect socio-economic differences and the complexity of cases. Among ELBW infants, however, a comparable percentage (70.6% vs 71.7%) developed ROP and treatment rates among the studies were also very similar (3.4%1, 3.8%2, and 3.7%3).

While all three studies adopted the Royal College of Ophthalmologists ROP guidelines, Iu et al identified 11 infants who would not have been screened had the American Academy of Pediatrics’ criteria been applied, and none of whom developed ROP. Within our cohort, three of 93 infants who exceeded the American screening guidelines developed ROP with subsequent spontaneous resolution. This highlights the need for future re-evaluation of guideline selection.

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References